



TREASURE KINGDOM DISCOVERY GATEWAY TO DISCOVERING

YOUR IDENTITY AND RISE TO YOUR FULL POTENTIAL

DAY 11: DEALING WITH REJECTION IN OUR RELATIONSHIPS

“The one showed mercy. Jesus said to him, ‘You go, and do likewise.[1]. But I say to you here, love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you,’[2]” The lady says.

“Are we enemies?” Senora asks.

“No, at least I don’t think so. But we’re called to be merciful and to show unconditional mercy to all.”

Confused, Senora ponders what this lady said. “First of all, who do you mean by we? Second, does all mean everyone? Even those who are mean to you?”

She smiles at Senora in such a kind and compassionate way. “When I say we, I mean all of us. You know those who follow the one and only true King. The one who gave up everything in love of His enemies. He gave up His life to save those who didn’t even know they were lost. Those blinded by their evil desires and wrong doings. Those who lied, manipulated, cheated, and even cursed at Him. He loved them all.”

“You mean, even when people said mean things to Him, lied to Him, and hurt Him, He still gave up everything? Out of love for those who didn’t love Him back?” Senora shakes her head in disbelief.

“Yes, and even as he was dying, He prayed for their forgiveness and salvation.”

“But why would He do that? I don’t understand. When someone is mean to me, I just feel like something is wrong with me.” Senora feels a wave of guilt and shame wash over her.

The lady places her arm around Senora’s shoulder. “It’s easy to try to get even and pay someone back for hurting you. That’s true, but where does it end? Do you feel any better when you’re mean to those who are mean to you?”

Senora considers this lady’s question carefully. “Actually, it usually gets worse. I feel terrible. And soon everyone’s hurting. But how else do you protect yourself and keep yourself from getting hurt?”

–Treasure Kingdom

Rejection is always a difficult thing to deal with. It brings with it lots of emotions, fear, sadness, anger, confusion, and so much more. This is something that we all can probably relate to. I know I have on many different occasions. Listen to Kary Oberbrunner’s story here:



700 Club / Kary Oberbrunner / Your Secret Name

yoursecretname
1.9K views · 8 years ago

<https://www.youtube.com/watch?v=1vs-3S-2NaM>

One thing you need to do is: first evaluate your thoughts in these situations. You will have others reject you and not want anything to do with you. That is a fact that we all must face. But in these moments you have a choice to make. Will you embrace their rejection and continue to cut ourselves down and doubt who you are? Or will you move above their rejection because who you are is not base of what others say or believe about you. You cannot change them, but you can change how you receive or listen to them. Most times rejection is a defense for us when we have challenged in some way. The best thing to do is step back and surrender that person to God. Pray for them and ask God for the wisdom in knowing what He wants you to do. "But I say to you, 'Love your enemies and pray for those who persecute you, so that you may be sons of your Father who is in heaven.'" Matthew 5:44.

Take this opportunity to watch what Sheila Walsh has to say about changing how you think:



Sheila Walsh: Change How You Think

(James Robison / LI...
lifetodaytv
351 views · 3 months ago

<https://www.youtube.com/watch?v=c-MI210kUaQ>

Take this time to think of one person you have felt rejection by. Write down how you felt?

Now, thinking of the same person, what triggered their response towards you?

As we have talked about in previous lesson, we all face own internal battles. When your guard is down, we feel the attacks and hurt my personally and directly. But if you can take the time to step back and try to see why the other person is responding towards you this way, then you are better able to receive what they say and lovingly tell them thank you for your feedback, I hope you are able to find the answers that you are seeking. I am not sure if I am the right person or not but I will be here for you is you need me. This is not easy because you have to learn how to step out of the situation and see both sides of things. If you just listen and try to hear their pain, and see it as just that, pain. Then you are better able to listen to what they are saying.

They may not be attacking you directly, they may only want to vent out their frustration and sadness. You may be the only safe person they feel they can do that with. Do they may not be attacking you but trusting you will listen and still accept them despite their pain. Throughout the next nine days we will look at: Healing emotional wounds from your past, value of voice, guarding your tongue, the battle is real, pass through the waters, facing your storm, party of fellowship, trust factors, and learning to forgive.

See you tomorrow on Day 12, Healing Emotional Wounds from Your Past.



F.I.G.H.T. IDENTITY ASSESSMENT

DEFINE WHO YOU ARE AND RISE TO YOUR FULL POTENTIAL

1. When you find yourself in a large group of people, how do you present yourself?
2. How do you react when someone hurts you?
3. How do you see yourself?
4. When you are in conversations with people, how much value do you place on your opinion?
5. How do you view God?
6. How do you talk to people?
7. What is important to you?
8. What fears stop you from moving forward?
9. What will you fight for?
10. When you think ahead, what do you want to be?